



ELEMENTAL
TRAINING & DEVELOPMENT

LEVEL UP
EMPOWERING SUPERVISORS.
ELEVATING TEAMS.

TRANSFORMING LEADERSHIP FROM THE INSIDE-OUT

**Behaviour-driven, soft-skills focused
workshops for New & Emerging Leaders.**



Why Leadership & Team Development Matter

- ✓ Gain deeper self-awareness to understand your strengths and blindspots.
- ✓ Build skills for communication and team motivation.
- ✓ Learn to adapt your leadership style to inspire and engage your team.
- ✓ Develop actionable strategies for overcoming common supervisory challenges.
- ✓ Increase productivity & teamwork.
- ✓ Foster a thriving workplace culture, increasing retention and engagement.



Our Core Workshops

- ✓ **Supervisor Development:** Equip frontline leaders with the soft skills to lead effectively.
- ✓ **Team Development:** Strengthen collaboration, trust and problem-solving.
- ✓ **Customized Training:** Programs designed around your unique leadership challenges.



About the Facilitator



Claudina is a **behavioural specialist** who uses **behavioural insights to customize professional development**. Her training focuses on each individual's unique traits, ensuring participants walk away with skills they can apply immediately.

With a strong emphasis on **self-awareness, communication, and leadership growth**.

Claudina helps organizations build stronger leaders and teams through **interactive, customized workshops**.

She empowers leaders to turn **self-awareness into their greatest leadership strength**, driving meaningful impact in their roles and workplaces.

Let's build stronger leaders and teams together! Start the conversation today!

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The 4 Pillars of Leadership Growth: Inside-Out Leadership in Action

✓ **Mastering Self:**

- Gain insights into personal leadership style through **DISC assessments**.
- Enhance **self-awareness, emotional intelligence and leadership presence**.
- Align personal strengths with **organizational success**.

✓ **Connect with Others:**

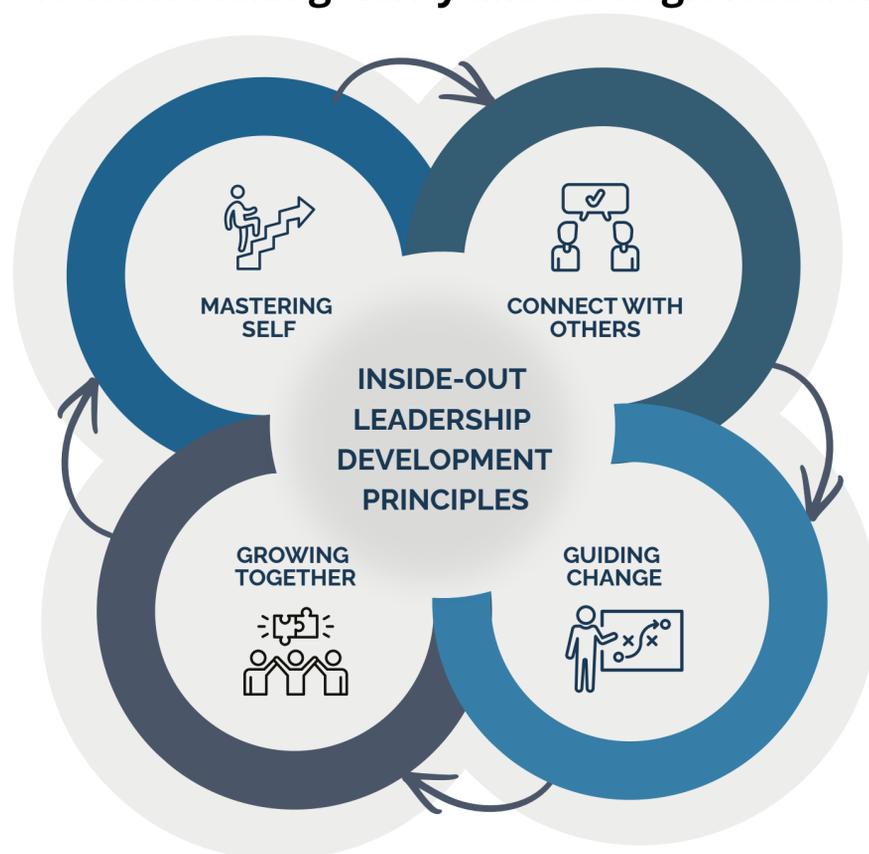
- Strengthen **communication and trust** within teams.
- Build a **culture of collaboration and psychological safety**.
- Adapt leadership styles to **different team dynamics**.

✓ **Guiding Change:**

- Equip leaders to **navigate transitions with confidence**.
- Develop **resiliency and adaptability** to lead confidently in fast-changing environments.
- Foster **innovation and accountability** in times of change.

✓ **Growing Together:**

- Develop **coaching and mentoring** skills.
- Create a **culture of continuous learning and professional growth**.
- Empower teams with **decision-making clarity and strategic leadership**.



How it works - Leadership Growth Cycle

Our proven process to develop high-impact leaders

- ✓ **Assess:** Complete a Personal Development Assessment to gain leadership insights.
- ✓ **Learn:** Engage in interactive, customized workshops.
- ✓ **Apply:** Put new strategies into practice immediately.
- ✓ **Grow:** Build leadership confidence and team success.

