



ELEMENTAL  
TRAINING & DEVELOPMENT



ELEVATE 360  
LEADERSHIP PROGRAM

# TRANSFORMING LEADERSHIP FROM THE INSIDE-OUT

***Behaviour-driven, soft-skills focused workshops  
for New & Aspiring Leaders.***



## ***The Foundation of Great Leadership: Communication & Connection***

- ✓ Strengthen essential soft skills for confident, people-focused leadership.
- ✓ Enhance communication, active listening, and emotional intelligence.
- ✓ Learn to adapt your leadership style to inspire and engage your team.
- ✓ Build trust and collaboration across diverse teams and personalities.
- ✓ Develop practical strategies for navigating difficult conversations.
- ✓ Create a positive, engaged, and psychologically safe team culture.

## ***The Elevate 360 Difference***

Our signature leadership program for new and aspiring leaders builds from the inside-out - starting with behaviour, then layering communication, adaptability and accountability.

- ✓ **Behaviour-first foundation** - grounded in DISC-based insights. Individual assessment and feedback.
- ✓ **Integrated modules** - 12 progressive modules covering core leadership skills customized to your industry.
- ✓ **Practical application** - customized workbooks, coping strategies and reflection activities.
- ✓ **Safe space** for peer learning and shared challenges.

## ***How it works - Leadership Growth Cycle***

### **Our proven process to develop high-impact leaders**

- ✓ **Assess:** Complete a Personal Development Assessment to gain leadership insights.
- ✓ **Learn:** Engage in interactive, customized workshops.
- ✓ **Apply:** Put new strategies into practice immediately.
- ✓ **Grow:** Build leadership confidence and team success.

Let's elevate your leaders beyond awareness - to action, alignment and impact.

Start the conversation today!

1 (902) 237-9095 | [claudina@elementaltalent.ca](mailto:claudina@elementaltalent.ca) | [www.elementaltalent.ca](http://www.elementaltalent.ca)





## ***The 4 Pillars of Leadership Growth: Inside-Out Leadership in Action***

### **Mastering Self:**

- Gain insights into personal leadership style through **DISC assessments**.
- Enhance **self-awareness, emotional intelligence and leadership presence**.
- Align personal strengths with **organizational success**.

### **Connect with Others:**

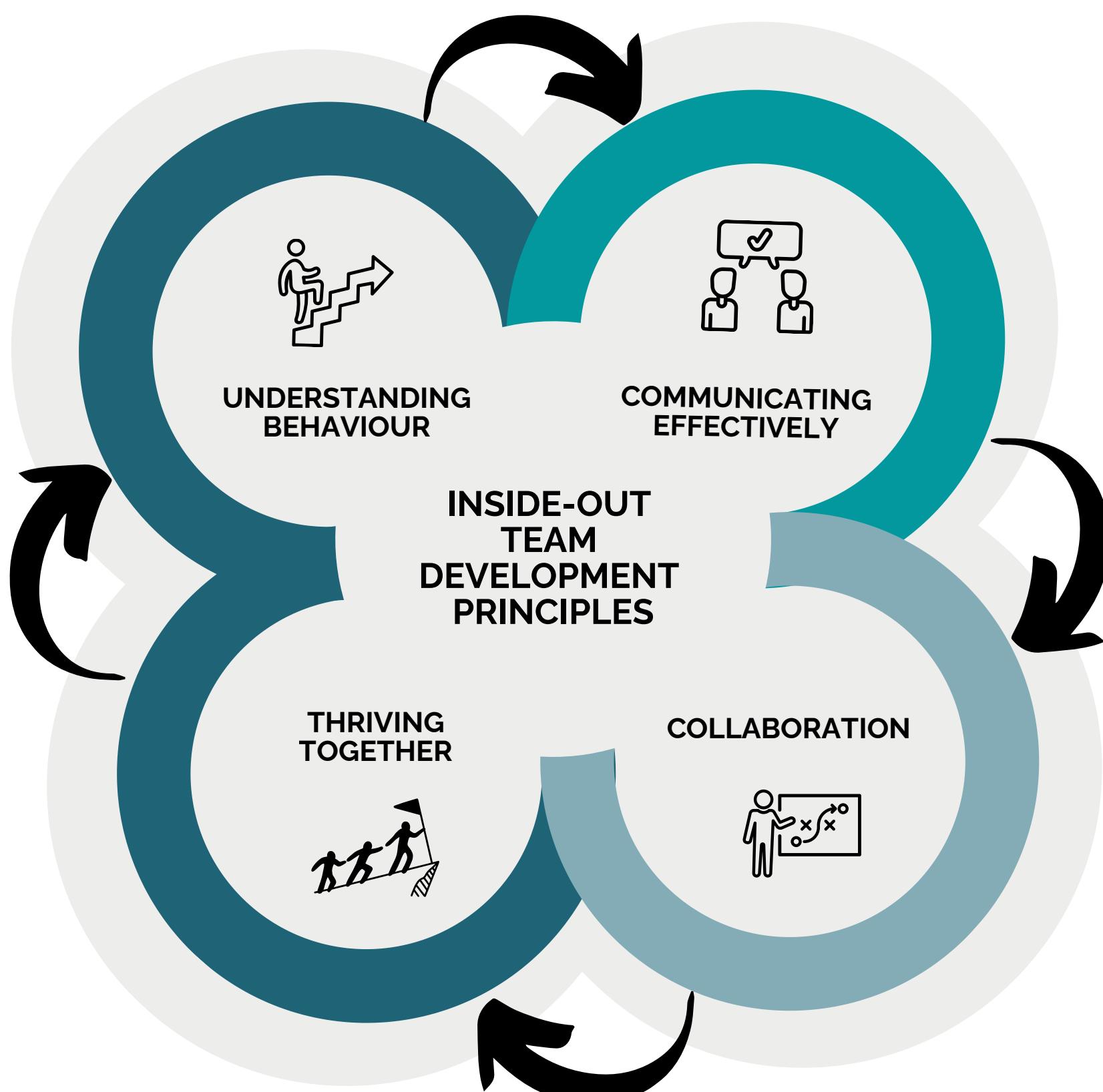
- Strengthen **communication and trust** within teams.
- Build a **culture of collaboration and psychological safety**.
- Adapt leadership styles to **different team dynamics**.

### **Guiding Change:**

- Equip leaders to **navigate transitions with confidence**.
- Develop **resiliency and adaptability** to lead confidently in fast-changing environments.
- Foster **innovation and accountability** in times of change.

### **Growing Together:**

- Develop **coaching and mentoring skills**.
- Create a **culture of continuous learning and professional growth**.
- Empower teams with **decision-making clarity and strategic leadership**.



## ***About the Facilitator***



Claudina is a **behavioural specialist** who uses **behavioural insights to customize professional development**. Her training focuses on each individual's unique traits, ensuring participants walk away with skills they can apply immediately.

With a strong emphasis on **self-awareness, communication, and leadership growth**.

Claudina helps organizations build stronger leaders and teams through **interactive, customized workshops**.

She empowers leaders to turn **self-awareness of their behaviours into their greatest leadership strength**, driving meaningful impact in their roles and workplaces.

She believes leadership growth starts with the human side.

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